

The Full Prayer of St. Patrick

I arise today through the strength of heaven;
light of sun, radiance of moon,
splendor of fire, speed of lightning,
swiftness of wind, depth of sea,
stability of earth, firmness of rock,

I arise today through God's strength to pilot me;
God's might to uphold me,
God's wisdom to guide me,
God's eye to look before me,
God's ear to hear me,
God's word to speak for me,
God's hand to guard me, God's way to lie before me,
God's shield to protect me,
God's host to save me from snares of devils,
from temptation of vices,
from everyone who wishes me ill afar and a near alone and in a multitude.

I summon today all these powers between me and those evils: Against every cruel merciless
power that may oppose my body and soul;
Against incantations and false prophets,
against black laws of Pagandom,
against false laws of heretics,
against craft of idolatry,
against spells of women and smiths and wizards,
against every knowledge that corrupts man's body and soul.

Christ to shield me today against poison, against burning, against drowning, against wounding, so
that there may come to me abundance of reward.
Christ with me, Christ beneath me, Christ above me, Christ on my right hand, Christ on my left,
Christ when I lie down, Christ when I sit down, Christ when I arise, Christ in the heart of every
man who thinks of me, Christ in the mouth of everyone who speaks of me, Christ in every eye
that sees me, Christ in every ear that hears me.

I arise today through a mighty strength, the invocation of the Trinity: Through belief in the
Threeness, through confession of the Oneness of the Creator of Creation.

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